

Online one week art therapy foundation course – 2026

This course is for people who are interested in art therapy as a career and want to consider training as an art therapist. It is also useful for other professionals who want to gain a better understanding of art therapy. Throughout the week you will see snapshots of what art therapy looks like in various contexts. No previous formal experience of art making is required, but it is important to be prepared to take part in the **art-based learning sessions integrated within each session.**

Monday	Tuesday	Wednesday	Thursday	Friday
10-12.30 Morning sessions (Break 11.15-11.30)				
Introduction to art therapy <u>Mary Rose Brady</u>	Art therapy in perinatal parent-infant mental health work <u>Diane Bruce</u>	Art therapy with children looked after, in kinship care or adopted <u>Anthea Hendry</u>	Maintaining creativity as an art therapist <u>Jacqui McKoy-Lewens</u>	Adapting art therapy to contexts of conflict and social upheaval <u>Naomi Press</u>
12.30-13.30: Lunch break				
13.30-16.00 Afternoon sessions (Break 14.45-15.00)				
A client's experience of art therapy for symptoms of PTSD <u>Julia Ruppert & Neil Winter</u>	Art therapy in prisons <u>Tony Gammidge</u>	Art therapy in the context of neurodiversity <u>Dr Sarah Haywood</u>	Art therapy for bereavement <u>Bethan Baez-Devine</u>	Plenary and where to next? <u>Mary Rose Brady</u>

***Please note:** The programme is subject to change without notice.