

THE REFLECT INTERVIEW

Section of interview	What we are trying to find out	Potential questions
The patient's narrative of their experience of art therapy	The biographical context: start of therapy	Could you say a few words about how you were when you started art therapy?
	Apperception of psychological change between art work 1 & 2	1. Could you say something about the first piece? At what point in the therapy did you make this? What was it like making this piece in art therapy? 2. Could you say something about the second piece? At what point in the therapy did you make this? What was it like making this piece in art therapy? What would you say changed for you between these two times?
	The biographical context: end of therapy	Could you say a few words about how you are now? What changes have you experienced from your art therapy?
The patient's perception of art therapy agents of change	How art therapy works	What is it about art therapy that made those changes happen?
	Comparison to other psychological therapies	Have you had any other sort of therapy? How was art therapy different from that therapy?
Overarching reflection	Check to see if an open question reveals relevant information	Is there anything else you would like to mention?