



BAAT Council meeting
1.30 - 5.30 pm, 24 February 2018
24 - 27 White Lion Street, London N1 9PD
Approved minutes

Present

Council members. Emer Douglas, Jayne McConkey, Simon Richardson (Hon. Secretary), Whittaker Scott, Catherine Stevens, Frances Walton, Tim Wright (Chair), Ami Woods.

SIG Representatives. Dylis Pugh (Region 7, Wales), Claire Louise Leyland (Educators).

In attendance. Alex McDonald (Social Media and Advertising Officer, BAAT), Mary Rose Brady (Director of Operations, BAAT), Joan Woddis (Vice-President, BAAT), Val Huet (Chief Executive Officer, BAAT).

1. Apologies for absence and approval of minutes

1.1. Apologies. Nicki Power (Vice-Chair), Emily Farrugia (Scotland representative). The Creative Response SIG sent apologies and provided a report to be circulated with the Council meeting pack.

1.2. Corrections to the Minutes for the Council meeting on 9 December 2017.

A correction was made to point 2.2., Grenfell Tower support, to clarify that Frances Walton is liaising with a range of providers for the Grenfell Tower and Val Huet is liaising with Susan Rudnik about a report for Newsbriefing. Matters arising were held over to allow the Director of Operations (who was running one of the BAAT training courses) to give her report.

2. Director of Operations report - Mary Rose Brady

2.1. Working with Children in the Arts Therapy. The first group of students have completed the course, with an exam panel held on 2 February. In recognition of the quality of work and commitment shown, the course has now been upgraded to a Level 6; students in the first group were registered for Level 5 but will receive a letter of equivalence on graduation.

2.2. Centre inspection by the Counselling and Psychotherapy Central Awarding Body (CPCAB). BAAT was given an Accredited Centre inspection by CPCAB in November 2017 and in mid-February received a positive Centre Inspection report and Certificate of Accreditation.

2.3. ARTiculate. Mary Rose will be delivering the course to two groups of school staff in Cheshire in March and is in discussion with the early years commissioner in Barnet to offer ARTiculate for staff working in nursery settings. There has also been interest in the training being delivered at International Schools in Switzerland and Canada.

2.4. General Data Protection Regulations (GDPR) guidelines. Mary Rose has submitted a second draft of guidance on the new regulations for BAAT members (included with the Council meeting pack). The final version will be sent out to members at the end of March for comment prior to being signed off.

2.5. Joint Guidelines for Art Therapists in Schools. Val Huet and Mary Rose have been part of a joint working group, with the British Association of Dramatherapists and the British Association of Music Therapists, developing guidelines and practice standards for arts therapists working in schools. An initial draft paper will be ready by mid-April to be sent out to each association's members for consultation.

3. Matters arising

Minutes for the Council meeting on 9 December 2017.

3.1. Art, Personal Representation on social media and the HCPC (point 2.4). Work has not been able to progress on this because of other consultations taking priority but it remains on BAAT's to do list.

3.2. The STOMP campaign (point 4.2). BAAT has now joined this campaign which aims to reduce inappropriate and over-medication of people with learning disabilities.

3.3. Newsbriefing (point 8). BAAT has received very positive feedback on the Winter 2017 issue, particularly as it is now in colour throughout.

3.4. Next Council meeting (point 14). The date of the Council meeting set for 7 July 2018 was changed to 21 July 2018.

3.5. Original CEO job description (point 16.2.1). This has now been located. There had been problems finding it because of changes to BAAT's IT system and the job description having been stored on an older version of it.

4. Chair's report - Tim Wright

4.1. Apprenticeships trailblazer group. Tim is joint-Chair of the group, which has been meeting to develop the standards and implementation processes for arts therapies apprenticeships.

4.2. Department of Health Consultation on the regulation of healthcare professions. Tim had circulated a 'template' response for BAAT members to use when responding to the consultation. It had been shared with the other arts therapies associations to use as well.

4.3. Psychosis task and finish group. The psychiatrist Dr Clare Trevelyan attended the group's most recent meeting on 16 February. As an experienced healthcare professional, she has been providing a valuable 'external' perspective on the draft guidelines.

4.4. Consent working group. The new GDPR guidelines being drafted by the Director of Operations (see point 2.4 above) are being taken into account by the Consent group in its work on updating guidelines around treatment, research and publication.

4.5. BAAT Directors' personal details. Tim has been made aware that the personal details of BAAT Directors past and present, lawfully held by Companies House and therefore in the

public domain, are being made available on a website called Search Company. Mostly, the company address given is Claremont but, in some cases, personal addresses are given. Tim is in the process of applying for all BAAT Directors addresses to be given as Claremont.

5. Vice Chair's report - Nicki Power

Nicki had sent her apologies prior to the meeting.

6. Chief Executive Officer's report - Val Huet

6.1. Update on IT issues in BAAT office. BAAT was affected by an upgrade of IT services, which were migrated to Office 365 without prior consultation. This affected the functioning of the database with online booking and other office functions being disrupted. New broadband provision is to be installed and will be tested for a month. If it runs well the contract with the current provider, Challow, will be ended. BAAT's Virgin Media account for phones is also to be closed, following major disruption to services in December which was not fully resolved until mid-January.

6.2. Attachment and the Arts Conference. Dr Bessel Van Der Kolk is available to give a presentation at the 2019 conference. Planning is now under way for the 2018 conference.

6.3. International Art Therapy Research Conference. This will run from 11 - 13 July 2019 and a suitable venue is now being sought. A call for papers will be sent out in June and the conference programme will be announced in December.

6.4. Bid for a Randomised Control Trial (RCT) on arts therapies groups with mixed diagnosis. The bid has been awarded to the expert reference group Val Huet joined, with work underway to develop a manual and set up a pilot, prior to going to full trial. There is funding for the work Val will be doing of around £7K for five years.

6.5. Panel presentation at American Art Therapy Association conference in Miami. Val has been invited to give a presentation at the conference in October 2018 to promote the International Art Therapy Research Conference (point 6.3 above). She asked for approval from Council for funding (around £1500) to attend the conference.

Action: Council voted on the request – 8 people in favour and 1 abstention.

6.6. Supervision survey. The results of the survey were circulated at the meeting. Tim Wright and Val have done a thematic analysis on the responses to questions 22 to 25. Tim highlighted some of the comments and the full responses will be circulated to Council members to read through and feedback on by e-mail.

6.7. Consultation on healthcare professions regulation by the Professional Standards Authority (PSA). Many BAAT members responded to the consultation and the outcome is expected to be announced in the summer. Val has circulated a draft 'vulnerability' survey, to be used in the event of the PSA recommending deregulation of the arts therapies, that can be used to gain evidence of the need for public protection for arts therapies service users.

6.8. Financial report. BAAT expects to report a small loss of £2K this year on a turnover of £500K. There will not be any more money from recruitment for the 'Working with Children in the Arts Therapy' course before the end of this financial year (in December) so turnover

may be lower. However, there will be savings on IT software charges, telephone costs, and there may be some money from 'early bird' recruitment for the international conference.

Action: Council members voted to accept budget.

7. AGM 2018 planning

To be discussed in the Elected Council Members section of the meeting.

8. Newsbriefing report - Nicki Power

Nicki had sent her apologies prior to the meeting. Val Huet reported that work on the next issue (Summer 2018) was progressing well.

9. IJAT Inscape – Alex McDonald (Acting co-Editor)

9.1. New Editor-in-Chief. Alex McDonald and Susan Carr are currently Acting Co-Editors until the new Editor-in-Chief is announced. Whittaker Scott attended the most recent editorial meeting and had thanked Council for the tributes he received about his editorship.

9.2. Manuscripts in production. There are currently 11 manuscripts in production, with enough copy for the entire 2018 volume of IJAT Inscape. However, the editorial board's access to manuscripts has been affected over the past couple of months by a big turnover of Taylor and Francis staff involved in the journal's production.

10. Service user involvement - Ami Woods

10.1. Co-designing 'Pocket cards'. This is a project involving South London and Maudsley NHS Trust (SLAM) and the London Ambulance Service. The cards are intended for mental health crisis call-outs and give a useful summary of how the patient would like to be treated, with the emphasis on helping them feel safe rather than giving medication or a diagnosis.

10.2. Evaluation of the new 'Mental Health Car'. The specialist crisis car is used to respond only to people in mental health crisis. Members of Researchnet have been invited to go with staff on call-outs to evaluate how the service is working from a lived experience perspective.

10.3. Recovery Café in Bromley. More visits are planned to the Wimbledon Recovery Café to see how it runs as funding has now been gained for a similar café in Bromley.

10.4. Learning Disabilities / Autistic Spectrum Disorder / Mental Health group. Service users and carers from the group have been involved in the publication of a research project with the National Institute for Health Research, which focused on the health needs of people with learning disabilities.

11. BAAT Website and Social Media - Alex McDonald

BAAT continues to raise its profile on social media, thanks to the work of its online ambassadors, supporters and followers. It now has over 10K followers on Facebook, with followers on its Twitter, LinkedIn, Pinterest, and Instagram accounts also increasing. Alex highlighted the most popular posts since the last Council meeting in December.

12. Regional Groups and Countries

12.1. Regional Group Network Co-ordinator. The role is currently vacant but Alice Thornley has expressed interest in taking it on in the new year (see point 2.6, minutes for the BAAT Council meeting on 23 September 2017).

12.2. Scotland. Emilia Forugia, BAAT Scotland representative on Council, had sent her apologies prior to the meeting. Karen Fenna, Acting-Chair BAAT Scotland, had sent a report outlining the group's activities, which was circulated with the Council meeting pack. An advert for a BAAT Scotland Professional Officer, to replace Patricia Watts, has been circulated with a deadline for applications of 22 March.

12.3. Wales. Dylis Pugh updated Council on progress around producing a bi-lingual (Welsh and English) art therapy leaflet. She reported that Region 7 (Wales) members do not feel they have the skills to do a professional-standard translation so she has been looking for trainee or newly-qualified translators who might be willing to do the work. If the 'What is Art Therapy?' leaflets are translated as they stand it will cost around £500. Dylis is looking at doing a condensed version and is going to use the two existing leaflets to come up with a first draft. This should reduce the translation costs as there will be fewer words.

12.4. Northern Ireland. Jayne McConkey reported that the HCPC has approved the MSc in Art Psychotherapy course at Ulster University for five years. This would not have happened without the huge effort by Caryl Sibbett to ensure the training gained accreditation. The aim is for the course to recruit an annual intake of students. Caryl will also be taking on the role of Northern Ireland representative on Council as Jayne is moving to England in the summer.

13. Special Interest Groups

13.5. Educators. Claire Louise Leyland reported there had been no meeting of the group since the last BAAT Council meeting.

14. Dates of the next Council meetings

9 December 2017
24 February 2018
19 May 2018 (AGM)
21 July 2018
22 September 2018
1 December 2018

15. Any Other Business

Simon Richardson (Hon. Secretary) asked if the information about BAAT Council officers and members on the BAAT website could be updated as it currently lists people who were on the 2014 / 2015 Council. Val Huet suggested this could be done after the AGM in May.

16. Elected Council members

16.1. Art Therapy Trust (ATT) one-day per week Officer post. Val Huet updated Council on this issue, following discussion at the previous Council meeting (point 16.4.3., minutes of the 9 December 2017 meeting). She is still waiting to hear back from the ATT on how it wants to proceed so there is no imminent likelihood of recruiting for the proposed post.

16.2. CEO Budget plan. Val explained that the £19,800 Health Education England (HEE) is paying BAAT (for leading on the HEE's workforce project) will be used to fund a one-day a week Administrative Assistant post. This will involve helping with BAAT office admin. tasks, including updating information on the members section of the BAAT website.

16.3. AGM Planning. The venue is the Mary Ward House Conference and Exhibition Centre in Tavistock Place. The Business meeting will be from 11 am to 1 pm, with lunch from 1 pm to 2 pm. The afternoon session will focus on the 20th anniversary of statutory regulation, bearing in mind the DH consultation on the regulation of healthcare professions (see point 4.2 above). There will be a service user led discussion of trust and boundary violations. SIGs have been offered stands at the AGM; Frances Walton is co-ordinating this. Art materials will be available for delegates to make a visual response to the issues raised.

16.4. CEO Job Description review. Tim Wright took Council members through the CEO job allocation document that had resulted from them allocating tasks from the current CEO job description (see point 16.2.3., minutes of the 9 December 2017 meeting). Val Huet felt this revised job description made the CEO post manageable again. She suggested thinking could now begin on how BAAT can manage the transition to a situation where the Human Resources and Research / Communications aspects of the current CEO role could become separate posts and how this change could be funded.

16.5. Council members jobs and functions review. The discussion began with the Honorary Treasurer role. The post originally had responsibility for BAAT's financial issues but had become redundant as this work is now done in-house by BAAT office staff. Val felt it could be timely to review BAAT's constitution, particularly given changes in the law since it was originally drafted. Such a review could include looking again at the work of Council members, as they now carry the responsibility of Directors with a duty to oversee how BAAT conducts its business. Val suggested a proposal be put to the AGM to update and revise the BAAT memorandum of association and, with it, the constitution of Council. This could allow for the possibility of having a range of non-executive stakeholders on Council, including members of other professions, service users and carers. It would link in to the CEO job description update, with the broader aim of updating the governance of the association. Emer Douglas asked whether it was felt the 'conflicts of interest' identified in the previous meeting had been addressed? Catherine Stevens felt the process of more things being carried by Council fitted with this, with the tasks the CEO currently has being separated and shared out. Val suggested that the board of the London Arts in Health Forum might provide a good model for BAAT to aim towards.

Action: A proposal to be put to the AGM that Council seeks approval to undertake a review of BAAT's memorandum of association; to put an outline timeline, and for there also to be input from non-art therapists. If accepted, a working draft then to be put through SIGs and, once the review is underway, more people to be invited to join sub-committees.