

BAAT Council meeting
12 - 4 pm, 9 July 2016
24 – 27 White Lion Street, London N1 9PD
Approved minutes

Present

Council members. Tobias Arnup, Emer Douglas, Nigel Durkan, Jayne McConkey Simon Richardson (Hon. Secretary), Nicki Power (Vice-Chair), Whittaker Scott, Catherine Stevens, Frances Walton, Ami Woods, Tim Wright (Chair).

SIG Representatives. Diane Eagles (Art Therapy Outlooks on Later Life), Monica Gobourne (Art Therapy, Race and Culture), Emma McKinnon (Museums and Galleries), Jo Rostron (Art Therapy with Children and Families), Kristina Terefe (Addictions).

In attendance. Val Huet (Chief Executive Officer, BAAT), Alex McDonald (Social Media and Advertising Officer, BAAT), Joan Woddis (Vice-President, BAAT).

1. Apologies for absence and approval of minutes

1.1. Apologies. None had been received.

1.2. Corrections to the Minutes for the Council meeting on 27 February 2016.

Minor amendments were made to the wording of points 5.1. and 12.4 and a typographic error in point 14.1 was corrected.

2. Matters arising

Minutes for the Council meeting on 27 February 2016.

2.1. BAAT Region 7, Wales (point 2.1). Val Huet told Council there is still no-one available to take on the role of Welsh representative. Joan Woddis asked if written reports could be submitted by Region 7 in the interim.

Action: Val Huet to contact Llinos Couch informally to ask if there is anyone (possibly a newly qualified art therapist looking to gain experience) who would be able to attend Council.

2.2. Meeting with CEO of HCPC (point 3.3). Val Huet and Tim Wright are still in the process of setting up a meeting with the CEO of the Health and Care Professions Council (HCPC).

2.3. Financial report, year ending December 2015 (point 5.1). The financial report had been circulated to Council by e-mail, in line with the agreed action. It was circulated again at Council so that members could vote on whether to approve it.

Action: Council members voted unanimously to approve the financial report.

2.4. Minister of State for Community and Social Care (point 5.3). Alistair Burt announced on 6 July that he is to resign. He will be replaced by David Mowat who will cover the brief in a more junior role of Under-Secretary of State for Community Health and Care.

2.5. Duty of Candour (point 9.2). Val talked about a fitness to practice referral BAAT had to make to the HCPC, arising from concerns about the practice of an art therapist who had contacted BAAT for advice. Val reminded Council the Duty of Candour requirement applies to organisations (including BAAT) as well as individual practitioners.

3. Chair's report - Tim Wright

3.1. Psychosis Task and Finish group. The timetable for completion of the best practice guidelines for art therapists working with psychosis has been set back. The results of the Delphi cycle revealed that up-to-date evidence is not always being used in current practice. An update on the guidelines' progress will be included in the next Newsbriefing.

3.2. Professional Standards Authority (PSA). Concerns have been raised after a suggestion by Professor Harry Cayton, Chair of the PSA, to a parliamentary committee that the arts therapies could be deregulated as they do not require the level of regulation the HCPC provides. Joan Woddiss suggested that BAAT should collate evidence of HCPC fitness to practice cases held for arts therapies registrants to counter Professor Cayton's assertion.

3.3. Health Education England (HEE). Val Huet and Tim Wright gave feedback from a meeting between AHPs and HEE about funding for art therapy trainees. The government wants to move from grants to loans for students in all the health professions. If the arts therapies were included it would mean that funding for art therapy trainees would be available for the first time, making courses more accessible.

4. Vice Chair's report - Nicki Power

Nicki is newly elected to the post and has been working with Val and Tim to decide on and develop the areas she will cover. Nicki's update on her work for BAAT Newsbriefing is under point 11 (below).

5. Chief Executive Officer's report - Val Huet

5.1. Art Therapy and Learning Disabilities conference. Creative Discoveries, organised by Nicki Power, Simon Hackett and the Learning Disabilities SIG, is to be held at the Coin Street Conference Centre in London on 23 November. Information about speakers and booking details will be circulated in the August BAAT e-Bulletin.

5.2. Attachment and the Arts. The 2016 conference, with Professor Donna Betts - the Board President of the American Art Therapy Association - as keynote speaker, will be held at the Regent's University London on 2 December. Information about speakers and booking details will be circulated in the August BAAT e-Bulletin.

5.3. ATPRN symposium. The next meeting of the ATPRN will be held on 4 November and will focus on the subject of building a theory of formulation for art therapy applicable across client groups. It will include a presentation by Dr Lucy Johnstone, a clinical psychologist who Chaired the British Psychological Society working party on Good Practice Guidelines on the use of psychological formulation.

5.4. Certificated BAAT training course. Val Huet and Mary Rose Brady have met with the Counselling and Psychotherapy Central Awarding Body (CPCAB) with the aim of having accreditation in place to launch the course in January 2017.

5.5. Dual experience (DE) group. Val ran a small training workshop with art therapists from the DE group to help them prepare for presenting training events. The first event was held at Roehampton University with positive feedback from the people who attended.

5.6. All Party Parliamentary Group on Arts in Health. Val attends this group to contribute evidence about art therapy to the parliamentary inquiry into the arts in health. Being involved also provides networking opportunities with other arts in health organisations.

5.7. Financial report. Following a full review of BAAT's auditing process, new reporting procedures are being set up that will include more specific categories. BAAT is running an £11K deficit at present but this will be offset later in the year by income from conferences.

5.8. Visits to trainees. Val has been going round the training courses to meet with students and talk about the benefits of BAAT membership. The leaflet on what the association offers members is to be updated and information will go in Newsbriefing and on social media.

5.9. BAAT research officer. A report on Sue Holttum's activities was circulated with the Council meeting pack. The bid for funding from Forces in Mind did not go on to stage two so alternative funding is being sought. One of Sue's doctoral students is doing research for BAAT on art therapy with psychosis from a service user perspective.

5.10. Survey of newly qualified Art Therapist's. The survey, which asks people about the kind of work they have found, is showing promising results. It is open until the end of July.

6. Brexit and its possible impact

6.1. Brexit. Val Huet gave an update on the situation for BAAT following the UK referendum vote to leave the European Union. Many NHS Trusts have been putting out statements to say they value their EU employees. Val suggested that Council should circulate a similar kind of statement to its members. BAAT should also find out if its BAME members have been subject to Brexit-related discrimination following the vote. Over the longer term Brexit is likely to have an impact on the training courses, their intake, and the fees students from outside the UK are charged. It is also likely that art therapy service users will be adversely affected by benefits and other cuts if there is a post-Brexit economic downturn.

Action: BAAT Council to generate a statement saying it values the diversity of its members and will support those who are affected in their professional life by the outcome of the Brexit vote. Council members voted unanimously in support of this.

7. AGM 2016

7.1. AGM feedback. Val Huet opened this section by commenting on how positive the AGM had been this year. The presentations were well-received and the meeting had been very work-based. Alex McDonald reported on the AGM campaign to help people sign up to Twitter. Using Mary Rose Brady's blog in the Huffington Post (about art therapy with children who had been sexually abused) an AGM Twitter 'buzz' had been generated with tweets reaching over 5000 people. Overall, the response from members to the potential of social media to promote art therapy had been positive. Diane Eagles suggested that the AGM action points on tweeting be put in the next Newsbriefing and BAAT e-Bulletins.

8. Practice guidelines from the Neuro-Rehab SIG

8.1. Practice guidelines. The draft guidelines produced by the Neuro-Rehab SIG have been revised and re-circulated to Council by e-mail. They were approved subject to some final typographic corrections which will be completed within two weeks. At the start of the guidelines there will be a definition of what is meant by neurological conditions and how they can be distinguished from ADHD or learning disabilities.

Action: Vote to accept the guidelines subject to the minor amendments outlined. Council members voted unanimously in favour.

9. Practice guidelines from the Learning Disability SIG

9.1. Practice guidelines. The draft guidelines for working with children and / or adults with learning disabilities were drawn up by the Learning Disability SIG after consultation with a range of stakeholders. They have been approved subject to final typographic corrections which will be complete within two weeks. It is hoped they can be included in an upcoming special issue of IJAT Inscape focusing on art therapy and learning disabilities.

Action: Vote to accept the guidelines subject to the minor amendments outlined. Council members voted unanimously in favour.

A proposal of thanks for the work done by members of both SIGs was warmly supported.

10. Update of Supervision guidelines

Council members agreed this agenda item be held over for the next BAAT Council meeting.

11. Newsbriefing report - Nicki Power

11.1. Summer 2016 issue. The new issue of Newsbriefing will be ready to be sent out by the end of July. Planning has already started for the December issue with features on art therapists and art making as one possibility being considered.

12. IJAT Inscape - Whittaker Scott.

12.1. Increase in issues published annually. IJAT Inscape will be published four times a year from 2017. A digital version of the journal will appear online each quarter, with the print versions sent out to members in packs containing two issues twice a year.

12.2. Special issue. An issue of IJAT Inscape focusing on art therapy with people with learning disabilities is being prepared for publication in 2017.

12.3. Peer Review training. A further training day is planned for Autumn 2016 to be held at the Baltic Centre for Contemporary Art in Gateshead. The aim is to make it accessible to BAAT members in both the north of England and in Scotland.

12.4. Student Essay Prize. Following the success of the previous competition, this year's essay prize is now open with details online and in the new print issue of IJAT Inscape.

12.5. Social Media and Online profile. The IJAT Inscape editorial team are working with Alex McDonald (BAAT Social Media and Advertising Officer) to increase the journal's social media and online presence.

13. Service user involvement - Ami Woods

13.1. St George's Researchnet Conference. The Learning Disabilities / Autistic Spectrum Disorder conference will be held on 20 July.

13.2. Experts by experience input. The Learning Disabilities Researchnet group contributed to papers published in the following journals: British Journal of General Practice, American Journal of Public Health, and the Journal of Community Health.

13.3. Dual Experience (DE) training group. Following a training event in April (see point 5.5) two members of the group provided a training session at the Roehampton course in May.

14. BAAT and Social Media - Alex McDonald

14.1. Social media traffic. Alex reported on the usage of BAAT's social media platforms, the current number of followers it has on each, and gave an overview of BAAT's most popular social media campaigns.

14.2. Website and e-Bulletins. The e-bulletins now go out fortnightly and are linked with the BAAT blog and website. E-mail alerts are sent out to members to let them know about upcoming courses and job opportunities.

14.3. BAAT Research. The Facebook research groups on Psycho-education and Psychosis have been closed as the new Art Therapy Practice Research Network (ATPRN) forum is now up and running.

14.4. Social Media Ambassadors. Lex Bagust helped to facilitate the Twitter sign-ups at the AGM. She also took photos and covered the event on Twitter and Instagram.

14.5. IJAT Inscape. Taylor and Francis are now making articles free access within two or three days, meaning they can be used in BAAT's campaigns on social media.

14.6. Social media partnerships. BAAT has been working with a range of organisations on social media including the Allied Health Professions, Public Health England, the American Art Therapy Association, Art in Hospitals, and the London Arts and Health Forum.

14.7. Advertising and promotion. BAAT's social media platforms are being used to promote events like the upcoming Learning Disability and Attachment and the Arts conferences.

15. Regional Groups and Countries

15.1. Regional Group Network Co-ordinator. A meeting of BAAT's regional co-ordinators has been set for 1 October in London. So far ten out of the twenty one regions have confirmed that a regional representative will be attending.

15.2. Scotland. Patricia Doyle has been appointed to the new post of BAAT Scotland Professional Officer. She will take up the job in January 2017 when she returns to work after maternity leave. Mary Rose Brady will cover the post in the interim.

15.3. Northern Ireland. Mary Rose Brady will be running a two-day course on working with children. The regional group's bi-monthly reading group continues and a writing group is to be set up soon. A community interest company, the Centre for Arts Therapies, is in the process of being set up in Belfast and work continues to restart the MSc in Art Psychotherapy training course.

15.4. Wales. No representative at present (see point 2.1 above).

16. Special Interest Groups

16.1. Art Therapy with Children and Families - North. Jo Rostron reported on the recent meetings held in April (in Sheffield) which had focused on working with children in the aftermath of sexual abuse, and in June (in Leeds) which had looked at gender and gender identity issues. The next meeting will be held jointly in London with ATCAF South.

16.2. Forensics. Tobias Arnup told Council the BAAT Forensic SIG no longer exists but the multi-professional Forensic Arts Therapies Advisory Group (FATAG) continues to meet. A new book 'Forensic Arts Therapies' has recently been published. The possibility of developing best practice guidelines for art therapists working in forensics is being discussed.

16.3. Addictions. Kristina Terefe updated Council on the SIG's new co-ordinators. Many of its members work in charities but have lost jobs after funding cuts. The September meeting aims to have a talk on fundraising, so that people can fundraise for their posts. A LinkedIn group and a monthly peer support group have also been set up.

16.4. Private Practice. James West and Janet de Heger have been working on a revised application form for BAAT's Private Practice register. A draft version will be circulated to Council members for comments and feedback.

16.5. Learning Disabilities. Nicki Power reported that the SIG will meet on 11 July at the Yorkshire Sculpture Park, to prepare for its conference and start work on the special issue of IJAT Inscape (see points 5.1 and 12.2 above).

17. Dates of the next Council meetings

24 September 2016
10 December 2016
25 February 2017
20 May 2017 (AGM)
1 July 2017
23 September 2017
9 December 2017

18. Any Other Business

No further issues were raised for report or discussion.

19. Elected Council members

19.1. Council members and BAAT work planning. Val Huet invited members to take on specific areas of work for the year ahead. Nigel Durkan will continue as Regional Group Network Co-ordinator until October and then become BAAT representative for the north of England, Scotland and Wales. Frances Walton will link in with FATAG and help to start up the art therapy in forensics guidelines consultation process. Catherine Stevens will lead on art therapy with refugees and environmental art therapy. Tobias Arnup will focus on ways of developing BAAT's relationship with its members.

19.2. Update on and planning of BAAT development and strategy, including Social Media and Bonuses. Work on this had already started but any changes arising from Brexit will need to be factored in too. Issues to be decided in the near future include:

- bonuses for BAAT staff - a discussion document will be presented to Council at the next meeting on 24 September
- performance reviews - the CEO is due a yearly performance review, and the Director of Operations, Social Media and Advertising, and Business and Marketing Manager posts need end-of-year contract renewal reviews
- certificated training course - will need someone to be responsible for administrating it

19.3. Practice Placement Hours and HCPC Standards. The required hours on placement for training courses was thought to be 120 days but the HCPC has informed BAAT that no such stipulation exists. Council also discussed how to promote greater awareness of safeguarding procedures and when to implement them, as many practitioners seem unclear on their responsibilities.

19.4. IJAT Inscape - standards of practice in submitted article. Whittaker Scott reported about a paper submitted for possible inclusion in the special issue on art therapy with people with learning disabilities. Concerns had arisen during the peer review process about the standards of practice it described. Simon Hackett (editor for the special issue) sent the paper for further peer review and similar concerns were raised. The IJAT Inscape editorial board were then bound by Duty of Candour requirements to refer the paper and its author to the HCPC for consideration of a 'case to answer'. A discussion followed on how BAAT and

IJAT Inscape can highlight that articles submitted for publication can be referred to the HCPC if they describe unsafe or inappropriate practice.