



BAAT Council meeting
12 - 4 pm, 24 September 2016
24 – 27 White Lion Street, London N1 9PD
Approved minutes

Present

Council members. Tobias Arnup, Jayne McConkey Simon Richardson (Hon. Secretary), Whittaker Scott, Catherine Stevens, Frances Walton, Ami Woods, Tim Wright (Chair).

SIG Representatives. Diana Kagiafa (Creative Response), Kimberly Iyemere (Art Therapy Outlooks on Later Life), Emma McKinnon (Museums and Galleries), Andy Ridley (Creative Response).

In attendance. Mary Rose Brady (Director of Operations, BAAT), Val Huet (Chief Executive Officer, BAAT), Alex McDonald (Social Media and Advertising Officer, BAAT), Joan Woddis (Vice-President, BAAT).

1. Apologies for absence and approval of minutes

1.1. Apologies. Emer Douglas, Nigel Durkan, Nicki Power (Vice-Chair).

1.2. Corrections to the Minutes for the Council meeting on 9 July 2016.

Minor amendments were made to the wording of points 3.1., 3.3 and 14.4 and a typographic error in point 2.1 was corrected.

2. Matters arising

Minutes for the Council meeting on 9 July 2016.

2.1. Duty of Candour (point 2.5). The fitness to practice referral made to the Health and Care Professions Council (HCPC) by BAAT is currently under consideration as to whether it should proceed to 'a case to answer'.

2.2. Professional Standards Authority (point 3.2). Val Huet has written to Professor Harry Cayton, copied to the Chair of the Health Select Committee (HSC), challenging his assertion (made in evidence to the HSC) that the arts therapies do not require HCPC regulation.

Action: Val to write to Unite the Union around recent statements that similarly appear to be aimed at undermining the role of the HCPC.

2.3. Creative Discoveries conference (point 5.1). Bookings for the Art Therapy and Learning Disability conference in November have been relatively slow. BAAT will be doing a further round of promotion in its e-Bulletins and on social media.

Action: Val to provide Alex McDonald with text for a social media posting.

2.4. Certificated BAAT training course (point 5.4). BAAT now has accreditation for the course from the Counselling and Psychotherapy Central Awarding Body (CPCAB). It was officially launched on 22 September.

2.5. Brexit (point 6). A formal BAAT statement has not yet been issued. Council discussed what might be included in the e-mail to members and / or press release to be sent out.

2.6. Practice Guidelines from the Neuro-Rehab SIG (point 8). These have been amended as requested and are now on the BAAT website. New guidance for working with adoption and adopted families is online too.

Action: Val to circulate an e-mail about these guidelines to BAAT members.

2.7. Update of Supervision Guidelines (point 10). It had been agreed that this agenda item be held over for consideration at this meeting.

Action: Tim Wright to circulate draft supervision guidelines to Council members.

2.8. BAAT Scotland Professional Officer (point 15.2). Patricia Watts is doing her induction at present but is representing BAAT at some meetings. There is currently no representative for Scotland on Council but Patricia will be discussing this with the BAAT regional group.

2.9. Regional Group Network Co-ordinator (point 19.1). A replacement for Nigel Durkan has not been confirmed as yet but Tobias Arnup is interested in taking over the role.

2.10. Practice Placement Hours and HCPC Standards (point 19.3). The HCPC is conducting a consultation on standards of education and training, which may affect newly qualified art therapists starting out in the workplace. Many traditional NHS placements are no longer available to trainees with the result that some people are qualifying without having had practical experience of doing basic things like assessments.

3. Chair's report - Tim Wright

3.1. Performance-related pay. Tim has prepared a discussion document on performance-related pay to be discussed by elected Council members (point 15.2 below).

3.2. HCPC registration. Tim, Val Huet and the Chairs of the British Association of Music Therapists (BAMT) and the British Association of Dramatherapists (BADth) have written to Professor Harry Cayton (point 2.2 above) to challenge his remarks about HCPC registration.

3.3. Regional Group Co-ordinators meeting. Tim will be chairing the meeting of regional co-ordinators to be held at BAAT office on 1 October.

3.4. Trainee awareness of legislation relevant to practice. Tim has written to the art therapy educators about Data Protection and Safeguarding legislation and how important it is that trainees fully understand it. Feedback from a number of newly qualified art therapists suggested that many are not aware of the legal requirements they must abide by.

4. Vice Chair's report - Nicki Power

Nicki sent her apologies prior to the meeting.

5. Chief Executive Officer's report - Val Huet

5.1. All Party Parliamentary Group on the Arts in Health. Val attended a meeting of the group on 13 September at the Wellcome Trust. Its aim is to provide a supportive statement on the arts in health which, with BAAT's involvement, now includes the arts therapies.

5.2. Advancing Healthcare Awards. They are now to include an award for mental health (sponsored by the Health section of The Guardian) which will welcome submissions from the arts therapies. BAAT will notify members when submissions are opened later in the year.

5.3. Allied Health Professions (AHP). Val attended an AHP consultation workshop hosted by Suzanne Rastrick, NHS England's Chief Allied Health Professions Officer.

5.4. Australia New Zealand Art Therapy Association (ANZATA). Val met with Jo Kelly, President of ANZATA, while she was in London. They discussed a range of professional matters, including how BAAT developed as a profession in the UK.

5.5. The Spanish Association for Art Therapy. BAAT has been developing links with ATe (Asociación profesional española de arteterapeutas). Val visited the Metafora training course in Barcelona earlier in September to run some training workshops.

5.5. Research. Val highlighted the following points from Dr Sue Holttum's report, which was circulated with the Council meeting pack.

5.5.1. Dual experience. The paper on art therapy with dual experience has been published in IJAT Inscape. Taylor and Francis to make it free access for a period.

5.5.2. Research funding bids. BAAT currently has submitted bids to the Wellcome Trust and the Johnson Trust (on art therapy and work related stress) with a further two bids in the early planning stage.

5.5.3. Greenwich University. Interested in developing research links with BAAT.

5.5.4. Applying for RCT funding. Val met with Professor Stefan Priebe for advice on applying for funding and setting up RCTs (randomised controlled trials).

Val recorded a vote of thanks to Sue for all the work she does for BAAT.

5.6. Financial report. Val highlighted points from the Financial Report, circulated with the Council meeting pack. The accounting system is still in the process of being updated. This will require further spending on the IT system so that accounting and income forecasts can be made as accurate as possible. BAAT now has an accountant who is advising on putting the systems in shape and is doing some book-keeping to help Simi Valecha (Business and Marketing Manager) who is now working two days a week.

6. AGM 2017 planning

The AGM is due to be in Wales. Val Huet will contact Blanka Hubbena about using a venue at the University of South Wales again. Council discussed some possible themes for the 2017 AGM, focusing on the issue of self-employment – either after having worked in the NHS or post-qualifying as an art therapist - combined with clarifying the difference between independent practice and private practice. The consensus was that the AGM should reflect

art therapy's move away from the statutory sector into charities and the voluntary sector, which are now offering more work.

7. Update of Supervision Guidelines

Tim Wright will circulate the current BAAT supervision guidelines to Council members.

8. Newsbriefing report - Nicki Power

Val Huet updated Council on progress on the preparation of the next issue of Newsbriefing in Nicki's absence. The deadline for articles is 31 October.

9. IJAT Inscape - Whittaker Scott.

9.1. Increase in issues published. From 2017 IJAT Inscape will be published online four times per year. It will also be sent out as hard copy twice a year, with two issues included in each mailing.

9.2. Copy flow. The number of papers submitted to IJAT Inscape continues to increase and there is now a possibility of a backlog of publishable articles building up. To manage this, once a paper is accepted Whittaker will contact the author(s) to let them know which issue it will be published in.

9.3. Expert reviewers. The editorial board is seeking Expert Reviewers to work alongside the Peer Reviewers. Expert Reviewers will have research experience and be asked to answer specific questions about the research aspects of articles.

9.4. Layout changes. The design of the front and back covers of IJAT Inscape is to be altered, following advice from an improvement group at Taylor and Francis. The most noticeable change will be the table of contents which will now appear inside the journal.

10. Service user involvement - Ami Woods

10.1. Evidence Based Co-Design (EBCD). Staff interviews and observations have begun for the EBCD in acute mental health day treatment services. The first event to feed back findings to staff is scheduled for the Autumn.

10.2. St George's Researchnet. The Learning Disabilities Researchnet hosted and presented a Learning Disability / Autistic Spectrum Disorder conference on 20 July. It was well attended and further service user trainings have been booked.

10.3. Research Assistant funding. St George's Innovative Research Projects have awarded funding for a research / psychology assistant to help develop a book about the St George's course. The book will be co-produced with service users and will be the main piece of work for the Researchnet team over the next year.

10.4. Research supervision. RESPOND will be providing supervision for the people involved in conducting research for the Researchnet book.

11. BAAT Website and Social Media - Alex McDonald

11.1. Social Media Platforms (SMPs). Followers on all BAAT's accounts – Facebook, Twitter, Linked In, Pinterest and Instagram – continue to grow. BAAT is planning to launch a new YouTube account in November, which will be linked to Google+.

11.2. BAAT website. The e-Bulletins are sent to members on a fortnightly basis using Mail Chimp via the BAAT membership database. Images on the website will be updated using the new BAAT photo collection in November.

11.3. Conferences and courses. BAAT's SMPs have been used to publicise and promote the Creative Discoveries (Learning Disability) and Attachment and the Arts conferences. BAAT's new diploma course has been promoted on its SMPs and will be featured in the BAAT blog.

11.4. Social Media Team. Lex Bagust, who is a professional photographer as well as an art therapist, covered the SMPs when Alex was on leave. Lex will be working with Alex on the photos for the BAAT photograph collection.

11.5. IJAT Inscape. Taylor and Francis are now making articles free access, if BAAT request, to help promote CPD events. Relevant articles are to be made free access running up to the Attachment and the Arts conference.

11.6. BAAT brand identity. Following site visits to the venues for the various forthcoming conferences, the BAAT team are working to co-ordinate the advertising, communications, engagement and branding for these events.

12. Regional Groups and Countries

12.1. Regional Group Network Co-ordinator. Tobias Arnup has expressed interest in taking over from Nigel Durkan after the co-ordinators festival (see point 2.9 above).

12.2. Northern Ireland. Jayne McConkey reported on a two-day training event on working with children, run by Mary Rose Brady in September, which was well-attended and had very positive feedback. The Centre for Arts Therapies, a community interest company, is now registered with companies house and it looks possible the MSc in Art Psychotherapy course will restart in September 2017 at Ulster University. Owing to pressure of work Jayne has not been able to attend recent Allied Health Professions Forum Northern Ireland meetings, but hopes to be able to return to them in the new year.

12.3. Scotland. There is currently no representative (see point 2.8 above).

12.4. Wales. There is currently no representative.

13. Special Interest Groups

13.1. Private Practice. Tim Wright will attend the next meeting on 26 November to talk about setting up an Independent Practice SIG. Work continues on updating the registration form for BAAT's Private Practice register.

Action: Val Huet to contact James West for an up-to-date version of the draft document.

13.2. Art Therapy Outlooks on Later Life (ATOLL). Kimberley Iyemere reported that the SIG has a Facebook page and will be working with Alex McDonald on developing its social media presence. It is preparing to do a promotional event for trainees.

13.3. Creative Response. Andy Ridley talked about the 'Facing Death Creatively' conference coming up on 14 October at St Christopher's Hospice in London.

13.4. Museums and Galleries (MAG). Emma McKinnon reported on a joint event being planned with ATOLL. MAG has proposed holding some sort of all-SIGs meeting so that the groups can share information, possibly using an online forum.

13.5. Forensic. Tobias Arnup told Council the SIG is dormant at present but he wants to try to restart it. It would offer the possibility of developing best practice guidelines, even though this would be complicated because of the diversity of conditions art therapists work with.

Action: Val Huet suggested BAAT could start the process with a simple mapping survey of art therapists working in this area. The guidelines could then be developed from there.

14. Dates of the next Council meetings

10 December 2016
25 February 2017
20 May 2017 (AGM)
1 July 2017
23 September 2017
9 December 2017

15. Any Other Business

Joan Woddiss asked if BAAT could discuss the possibility of having a Disability Officer or someone who could lead on disability and access issues at a future meeting.

16. Elected Council members

16.1. Council members and BAAT work planning. Val Huet updated Council on changes in BAAT office. Sue Holttum (Research Officer) will now be employed by BAAT for one day per week. Simi Valecha (Business and Marketing Manager) will reduce to two days per week, as she is doing a training course, with an agency worker employed one day a week to do accountancy and book-keeping to compensate.

Mary Rose Brady (Director of Operations) will work an extra day per week. BAAT will also be recruiting for an Administrative Officer to provide organisational support for the new Diploma course and BAAT conferences.

BAAT conferences may need to be reviewed as NHS Trusts no longer provide staff with funding for external training. As NHS art therapists have to pay for themselves and take a day's annual leave, bookings may be affected. BAAT is considering an international research conference in 2017 open to people from overseas where there is more funding available.

16.2. Update on and planning of BAAT development and strategy, including Social Media and Bonuses.

16.2.1. Performance related pay (PRP). Tim Wright led a review of the issue of PRP for BAAT employees. A discussion document outlining the pros and cons was circulated with the Council meeting pack. If PRP was adopted, base-line salaries would be set for the Chief Executive and Director of Operations with agreed criteria for paying bonuses. Alternatively, both posts would continue to be paid a market-rate salary, with BAAT paying the new higher pension contributions. In discussion, Council members expressed concerns about how bonuses would be evaluated and administered, especially in the absence of an HR facility. Overall, the consensus was to continue with market-rate salaries.

Action: Review the salaries for the Chief Executive and Director of Operations posts, which may include amending and updating the job descriptions. Stay with market-rate salaries for the foreseeable future, with the possibility of revisiting the issue of PRP at a later date.

16.2.2. Mission statement. Tim asked Council members to vote on BAAT's proposed mission statement: "BAAT promotes the profession of art therapy for the benefit of its members and their clients through supporting research, best practice, career development and lifelong learning." Council voted unanimously in favour of adopting it.

16.3. IJAT Inscope – standards of practice in submitted article. Whittaker Scott updated Council on the situation regarding an article received for peer review (see point 19.4, BAAT Council meeting minutes, 9 July 2016). All the peer review and editorial comments received had been collated and summarised to be sent to the Health and Care Professions Council (HCPC). Whittaker had then spoken with an HCPC advisor who felt there was a potential 'case to answer' and asked for the evidence collected to be sent in. Subsequently, the HCPC called to say that, having spoken to the practitioner and the practitioner's supervisor, they had decided not to proceed any further with the case.

16.4. IATE criteria for therapists list for trainees. Tim Wright led on this discussion point. Concerns have been raised that students on the MA in Art Psychotherapy access course at IATE need to be in therapy with a UKCP-registered therapist, although this is not the case for the MA course itself (where HCPC-registered therapists are included). It was felt that this gave an unfair advantage to UKCP-registered therapists as trainees would be unlikely to want to change therapist when they started the MA course. Tim noted that correspondence on this matter went back to 2011 and has been of particular concern to members of the Private Practice SIG. In discussion Council recognised the frustration that HCPC-registered therapists feel about this issue. However, the consensus was that in reality BAAT has no jurisdiction over IATE on how it runs its courses.