

ONLINE ONE WEEK ART THERAPY FOUNDATION COURSE – 2024

This course is intended for people who may consider art therapy as a career and want to train as an Art Therapist. It is also useful for healthcare workers who want to gain a better understanding of art within a care context. This course offers an opportunity to gain a deeper understanding of art therapy with different client groups. No previous formal experience of art making is required, but it is important to be prepared to take part in the **art making sessions integrated within each session**.

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 10-12.30 Morning sessions (Tea break 11.15 to 11.30) | | | | |
| Introduction to art therapy <u>Mary Rose Brady</u> | Art Therapy with children looked after, in kinship care or adopted <u>Anthea Hendry</u> | Art therapy in prisons <u>Tony Gammidge</u> | Adapting art therapy to contexts of conflict and social upheaval <u>Bobby Lloyd</u> | Art therapy for bereavement <u>Bethan Baez-Devine</u> |
| 12.30 to 13.30: Lunch break | | | | |
| 13.30-16.00 Afternoon sessions (Tea break 14.45-15.00) | | | | |
| A client's experience of art therapy for symptoms of PTSD <u>Ali Coles & Neil Winter</u> | Maintaining creativity as an art therapist <u>Jacqui McKoy-Lewens</u> | Art therapy practice with people diagnosed with psychosis <u>Dr Chris Wood</u> | Art therapy in perinatal parent-infant mental health work <u>Diane Bruce</u> | Plenary and where to next? <u>Mary Rose Brady</u> |

***Please note:** The programme is subject to change without notice.

Each session includes a presentation on the topic, followed by an art-based learning exercise.