

## Art therapy supervision diploma information pack

**Qualification title:** Level 6 Diploma in Art Therapy Supervision

**Awarded by:** CPCAB (Counselling and Psychotherapy Central Awarding Body) and the British Association of Art Therapists (BAAT)

**Duration:** One year full-time or two years part-time

**Delivered:** Online to be accessible to all learners

**Application deadline:** 1 November 2024

**Interviews:** 20 November, 27 November, 4 December, 18 December 2024

**Programme start date:** 18 and 19 March 2025

**Programme Leader:** Dr Sarah Haywood

### Description of the qualification

The programme is a Level 6 Diploma for Arts Therapists qualified to Masters or equivalent level, and for suitably qualified professionals who use art within their supervisory practice or supervise art therapists, arts in health practitioners, or related professions (counselling, psychotherapy, etc.) as part of their work. Overseas applicants with suitable experience who wish to specialise in this area are also welcome to apply.

This intensive theory-informed and practice-based programme aims to equip learners with the knowledge and skills required to provide effective, inspiring, ethical, and art-based supervision to supervisees from arts therapies and related professions (arts in health, counselling, psychotherapy, etc). Art-based processes in supervision will feature prominently in the curriculum, which will also cover artmaking techniques and activities for use within supervision. Participants will also be required to create a visual journal as part of their learning process.

Understanding the implications of the legal framework as well as organisational dynamics and their impact on supervision will be an integral part of the programme. The training will also focus on enabling participants to become research-aware supervisors and to learn how to evaluate the efficacy of their supervisory work.

### Training requirements

- **Taught seminars:** real-time attendance for online teaching days is essential. All full-time and part-time learners attend monthly one-day online seminars (Wednesdays, 09:30 - 16:30 UK time) for one year. Part-time learners then spend the following year completing other programme elements. The

part-time schedule is currently under review.

- **Supervisory practice:** supervising two to three art therapists over at least six months, or a combination of groups and individual supervision. Part-time learners will undertake their supervisory work in the 2nd year of the programme.
- **Supervision of supervisory practice:** individual one-hour monthly supervision (in the 2nd year for part-time learners) will be provided.

### Programme seminar dates

- Tuesday 18 March 2025
- Wednesday 19 March 2025
- Wednesday 9 April 2025
- Wednesday 14 May 2025
- Wednesday 11 June 2025
- Wednesday 9 July 2025
- Wednesday 10 September 2025
- Wednesday 8 October 2025
- Wednesday 12 November 2025
- Wednesday 10 December 2025
- Wednesday 7 January 2026
- Wednesday 4 February 2026

### Written requirements

- **Essay:** critiquing models of supervision (3500 – 4000 words).
- **Evaluation of supervision practice:** recording, transcribing, and analysing ten-minute excerpts of two supervision sessions with your tutor-supervisor (2000 words).
- **Final case study:** including excerpts from transcription above (7000 to 8000 words).

### Additional requirements

- Pre-module reading of relevant articles and resources
- Keeping a visual journal
- Attendance at two individual tutorials for review and support of drafts of written work
- A spoken 'viva' presentation towards the end of the programme

## Learning objectives

The programme addresses seven overarching learning objectives, which are described in detail in the programme handbook (the handbook will be accessible to participants who register on the training):

1. Work safely, legally, procedurally, and ethically as an art therapy supervisor.
2. Model and supervise the use of an art therapy relationship.
3. Model and supervise understanding of diversity.
4. Model and supervise an art therapy approach to the supervisory work.
5. Model and supervise use of self in art therapy.
6. Model and supervise a coherent use of theory and skills.
7. Evaluate and supervise supervisory practice.

## Assessment – what will be assessed and how

Learners will be required to submit an electronic portfolio to evidence their understanding of the seven core learning objectives. The portfolio will contain an index clearly specifying where the supporting evidence can be found and how it relates to the core learning outcomes. Assessments will be undertaken by seminar leaders, tutor-supervisors, self, and peers.

To successfully pass the qualification your portfolio must provide evidence gathered from the six output strands for each criterion across the seven learning outcomes. Essay written submissions should evidence knowledge of models of supervision and critical thinking. Learning objectives need to be evidenced over the lifetime of the whole programme.

You will be assessed through:

- Case study presentation evidencing all the learning objectives.
- Records of supervisions-tutorials evidencing all learning objectives.
- Records of participation in seminars evidencing all learning objectives.
- Ongoing visual journal submission evidencing all learning objectives.
- Transcribed supervision sessions and analysis should evidence all learning objectives.

All learners will have a mid-programme assessment to review their progress in meeting the learning objectives and identify achievements and challenges. Final assessment will include a spoken viva examination where learners will present a synopsis of their case study and reflections on their visual journal. Vivas will be held within three months post completion of the programme.

## Teaching faculty

The programme leader holds overall responsibility for programme content and delivery. Additional relevantly experienced visiting presenters will deliver specific specialist teaching inputs. Learners will also be supported in monthly one-to-one supervision sessions by our team of tutor-supervisors.

## Programme costs

We offer this programme with full-time and part-time options and fees are priced accordingly.

Level 6 Diploma	Full Time	Part Time
Total price of programme	£5370.00	£5950.00
Non-refundable deposit	£537.00	£595.00

Fees can be paid in full or in instalments. Full-time learners can pay in monthly instalments over 12 months. Part-time learners will pay monthly instalments over 24 months.

Level 6 Diploma	Full Time	Part Time
Monthly instalments for 12 or 24 months (Standing Order following deposit)	£402.75	£446.25

We offer an early bird discount if payment is made in full by 31st Jan 2025.

Level 6 Diploma	Full Time	Part Time
Early Bird price (10% discount)	£4833.00	£5355.00

## How to apply

Please complete the application form and email it to [hello@baat.org](mailto:hello@baat.org). You can use the same address to contact us with any questions not answered below.

## Frequently asked questions (FAQs)

### How will the programme be delivered?

Monthly seminars will be delivered online via Zoom allowing all learners to access the programme regardless of their location. We have extensive experience in delivering popular and well received online training programmes that are creative and engaging for participants.

**Will I be expected to find my own supervisees?**

Yes, but we will try to help you if you are having difficulties finding supervisees. If you wish to continue with one of your current supervisees, this may be possible providing that you can introduce and implement programme processes within your supervision. However, you will need to ensure that you start at least one of the supervision contracts from the beginning whilst you are on the programme. This can be at your current place of work or as a self-employed supervisor.

**Can I get paid for my supervision work while on the programme?**

Yes, you can charge your usual supervisory rates, or a reduced rate if this is your first supervisory experience.

**Will I be expected to find my own supervisor?**

No. A tutor-supervisor will be allocated to you for the duration of the programme. They will be a suitably qualified and experienced art(s) therapist who will be fully versed with the programme curriculum to enable you to maximise the application of learning to your work setting. Online supervision sessions can be arranged at mutually convenient times for you and your supervisor.

**Will I have to pay for my tutor-supervisor?**

No. The cost of supervision is included in the programme fees.

**Do I need to have a certain amount of experience of being a supervisor to apply?**

Although it will be helpful to have some experience of supervising, there is no minimum experience required for learners.

**Will employers recognise this qualification?**

Employers recognise the value of CPD endorsed by the British Association of Art Therapists, and CPCAB validates a number of highly respected programmes. This programme will serve as the equivalent of a quality kite mark for art(s) therapy supervision.

**Are there any financial benefits?**

Yes. Learners will receive 20% discount on our [CPD courses](#) during their term as a learner. You will also be able to charge for your supervisory work, which will compensate for some of the programme costs.